

COVID-19 Twenty-Five Alive Campaign

SPEND \$25 PER WEEK WITH A SMALL BUSINESS

The Seattle Medium & The Urban League Of Metropolitan Seattle are encouraging everyone to support our community by spending at least \$25 per week with any of the local, small businesses listed below. Your support directly impacts their ability to survive this pandemic.



A-List
NANNY SERVICES
EVENT CHILDCARE

"where Excellence meets Quality"

mevans@alistnannyservices.com • 206.850.3549
www.alistnannyservices.com



ALLTRUS
COMMERCIAL CLEANING

Today's Mess... Tomorrow's Solutions

- Post Construction Final Clean - All Phases
- Commercial Cleaning
- Deep Detailed Cleaning
- Disinfect and Sanitize
- Residential Move-ins & Outs

CLEANING SERVICE YOU CAN TRUST!

Contact Dorel or Denise
7100 Fort Dent Way Ste 100
Tukwila, WA 98188
206.494.0027 | info@alltrus.com
www.alltrus.com



Ambiance
Beauty Bar

- Color • Cut • Natural Styles • Quick Weaves • Weaves • Perms/Relaxers • Braids • Nails
- Pedicures • Eyelash Extensions • Brow Waxing

Ambeautybar.com • (206) 973-2223
10120 SE 260th St #108, Kent, WA 98030

WINE SAVOY

Wine Savoy brings you wines from the 12% of winemakers who are Black, Indigenous, Latina/o/x and Women.

\$89 for 3 bottle wine kit
\$175 for 6 bottle wine kit
www.winesavoy.com
IG - TheWineSavoy

Offering no contact deliver to the greater Seattle area



LEARN HOW TO TURN DATA INTO DOLLARS

GetInclusiveData.Com
202-930-2117

COCKTAILS TO-GO



islandsoulrestaurant.com

COLUMBIA PHYSICAL THERAPY SERVICES, INC. P.S.

3207 Rainier Ave. S. • Seattle, WA 98144 • Ph. 206.722.2205 • Fax 206.722.5457



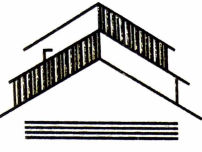
Bruce Clayton, PT, Owner



Wrenna Clayton, PT, Owner

AUTO ACCIDENT & WORK INJURIES
"To Help To Heal To Serve"
Call for an Appointment

INFO@COLUMBIAPHYSICALTHERAPY.COM
WWW.COLUMBIAPHYSICALTHERAPY.COM



LEN-CAN, INC.
BUILDERS

"We Build Relationships"

General Contractor
LENCACB932NZ
P.O. Box 88813
Tukwila, WA 98138

Leonard Simpson
Office: (206) 725-7051
Fax: 1-888-285-0877
lencanbuilders@gmail.com
www.lencanbuilders.com



QUEENCARE
NATURAL SKINCARE

A portion of the proceeds benefit youth programming in the Seattle/King County area. Thank you for your continued support!

NATURAL SKINCARE
Store Hours:
Pop-up Shop
Every Wednesday
10:00am - 6:00pm

3702 S. HUDSON ST. STE 103
SEATTLE, WA 98118
(425) 200-4027

Curbside Pickup Available - Shop Online Anytime
www.queencareproducts.com



Simply Soulful
CAFE

Take-out & Delivery
Thursday & Friday:
12 Noon - 7:00 p.m.
Saturday & Sunday:
10:00 am - 5:00 pm

Delivery through Grubhub,
Caviar and Postmates.

(206) 474-9841
2909 E. Madison St., Seattle, WA 98112



Intentions
Juice and Smoothie Bar

Spoil Yourself With Intention!

(253) 861-8531
5236 S. Tacoma Way, Tacoma WA 98409



TaxBunny
BOOKKEEPING & TAX SERVICE

- **BUSINESS & PERSONAL TAXES**
- **BOOKKEEPING**
- **NOTARY**
- **CONSULTING**
- **CORP/LLC LICENSING**

633-B SW 150th St
Burien, WA 98166

206-257-5728 | www.taxbunnyseattle.com

Angel City Soul Food
Down Home To Go...

Mrs. Lee Yusuf
Catering Manager

12621 Renton Ave S Suite C
Seattle, WA 98178

Take Out/ Delivery
(206) 772-2223

angelcitydeli@mail.com
angelcitydeli.com



Hours: 11AM-9PM Mon-Sat

Absolute Ink



Our goal is to meet customers expectation & ensure our customers walk away feeling satisfied about our work !!!

11614 ambaum blvd sw
Burien, Wa 98146
206-246-8282



A-List
Notary Services

(206) 850-3549
241 South 4th Place Suite D, Renton, WA 98055



Flyright Productions, LLC
Mobile Media Services

Mailing address: 3429 So 141st Street
Tukwila, WA 98168

We Come to Your Location With Our Media Service

Keith A. Williams
Photographer/CEO

206.860.9813

graceflyright@aol.com
Flyrightproductions.net

Semira's Grocery

(206) 324-4733

2601 E. Yesler Street
Seattle, WA 98122

NURTURING CHANGE MASSAGE



Phoebe Agena
License No. MA60101610
206.755.4938

Columbia City
Seattle

www.nurturingchangemassage.com



NANA'S
SOUTHERN KITCHEN

10234 SE 256 ST
Kent, WA 98030
(253) 243-6711

Monday-Saturday 11-7pm
Sunday 12-5pm



FARMERS
INSURANCE

EPHRATA AMERA
Agency Owner
Ephrata Amera Insurance Agency
308 22ND AVE S STE 104
SEATTLE, WA 98144
Office 206-485-7408
Cell 425-948-9823
Fax 206-456-2541
eamera@farmersagent.com
WA Producer LIC 972425



THE ORIGINAL
Philly's
BEST CHEESESTEAKS IN TOWN

For To-Go Orders Call
(206) 723-7445
(206) 723-PHIL

Mon. - Sat.: 11:00 am - 7:00 pm
www.theoriginalphillys.com

3019 MLK Jr. Way S., Seattle, WA 98144



EMERALD CITY
Fish & Chips

Sunday - Thursday
11:00 am - 9:00 pm

Friday & Saturday
11:00 am - 10:00 pm

(206) 760-FISH

3756 Rainier Ave. S., Seattle, WA 98144
www.emeraldcityfishandchips.com

Quick Pack Food Mart

Home of Seattle's
Best Fried Chicken

(206) 328-2127
2616 S. Jackson St., Seattle, WA 98144



BEACH
BAKERY

Tues. - Sun.
7:00 a.m.
to
4:00 p.m.

Coffee, Pastries, Cakes,
Cookies, and Breakfast

7820 Rainier Ave. S., Seattle, WA 98118

COVID-19 Twenty-Five Alive Campaign

SPEND \$25 PER WEEK WITH A SMALL BUSINESS

The Seattle Medium & The Urban League Of Metropolitan Seattle are encouraging everyone to support our community by spending at least \$25 per week with any of the local, small businesses listed below. Your support directly impacts their ability to survive this pandemic.

Tia Shabazz



206.293.0215 www.cakesbymamatees.com

CITY TERIYAKI

5400 Rainier Ave S, Seattle, WA 98118

P 206 723 city(2489)

WWW.CITYTERIYAKI.COM

CAR ACCIDENT OR WORK INJURY?



The SPINE Clinic
CHIROPRACTIC & MASSAGE

Located @ N. Benson Center Fred Meyer
17911 108th Ave. SE Renton, WA. 98055
(425) 524-4152

www.thespineclinic.org

Flowers Just-4-U

Mary Wesley
Professional Designer/ Owner

701 - 23rd Ave.
Seattle, WA 98122

P: (206)324-1440
Fax: (206)324-0905
flowersjust4u.mw@gmail.com

Rimna's Market
(AKA Jackson General Store)

Sami - Owner

2723 S. Jackson Street
(206) 240-7515

Me Twist
Artistry Studio

Candace Smiley • Owner / Natural Hair Specialist

www.mztwistartistrystudio.biz
mztwistartistrystudio@yahoo.com

Yearby's
HAIR & NAIL SALON

4501 S. Lucile St.
206 723-6530
Seattle Wa 98118

THE COPY SPOT

Formerly Gorilla Graphics

4547 Rainier Ave. S.
Seattle, WA 98118

(206) 397-3835
www.thecopyspot.com

GOODFELLAS
Barbershop

Goodfellasbarbers253.com

Tacoma (Hilltop) • 253-573-1822
1001 11th St., Tacoma, WA 98405
University Place • 253-507-8905
4324 Bridgeport Way W., Tacoma, WA 98466

Bob's Bar-B-Q Pit
Since 1948

Original Texas Style
Wood Smoked
Barbecue

911 S 11th st
Tacoma, WA 98405
(253)627-4899 :Store
(253)297-6696 :Cell
bobsbarbq@gmail.com :email
www.bobsbarbq.yolasite.com
Follow Us

Seward Park Market

Hot Food & Wings

9436 Rainier Ave. So.,
Seattle, WA 98118

Bill Hart "The Pie Guy"
Owner
bakedfromthehart@gmail.com

Baked From The Hart
Always Fresh Guaranteed!

206-650-9191

2801 So. Hanford St.
Seattle, Wa 98144 Suite B

"Like Us On Facebook"
www.bakedfromthehart.com

DEFINED
SALON

Cuts.Color.Natural.Curly.Extensions.Locs

9258 57TH AVE SEATTLE
DefinedSalon.com
206.653.6021

Southern Kitchen
Est. 1981

Mon. - Sun.
11:30 am - 7:00 pm
Temporary Hours

Southernkitchen-tacoma.com • 253-627-4282
1716 Tacoma Avenue, Tacoma, WA 98405

DeCharlenes Beauty Salon
2108 E Madison Street
Seattle, Wa 98112

*Specializing in
restoring damaged hair
to a healthy condition.*

Gracie Williams
Call me at (206) 323-8776

Altha's
Louisiana Cajun
Seasoning & Spices

We Specialize all Louisiana seasonings and spices.
We carry Boudin, Double D sausage, Gators fillet/sausage/nuggets/legs, Patton's sausage, catfish, frog legs . And we cook authentic Cajun food.

201 E. Meeker, Kent, WA 98032
www.althascajunspices.com • (253) 719-2242

ADARASH MARKET

Dashikis • Oils • Jewelry

206-981-0149 • 202-840-5279
3621 33rd Ave. S., Seattle, WA 98144

FEED YOUR THOUGHT



ELIJAH TICESON
206.653.6341
[@feedyourthought](https://www.instagram.com/feedyourthought)

An Apparel Company

website coming soon: feedyourthought.com

DEBONAIR
Est. 2013

barbershopdebonair.com • 206-455-3945
16833 Southcenter Pkwy, Tukwila, WA 98188

COLUMBIA CITY FITNESS CENTER



"Bull" & Flozell Stewart
Owners/Personal Trainers

Columbia City Location:
4525 Rainier Ave. S., Seattle 98118
(206) 725-7890

Jackson Street Location
2609 S. Jackson St., Seattle 98144
(206) 322-1008

the shop
ennis ticeson
hair design

ennis ticeson
11443 rainier ave south
seattle, wa. 98178
[@entice_original](https://www.instagram.com/entice_original)

c. 206.353.8196
t. 206.722.6527
ennisticeson.com

Emma's BBQ

Open 11:00 a.m.

5303 Rainier Ave. S., Ste B, Seattle, WA 98118
(206) 413-1523

BOON BOONA COFFEE

Hours: 8am – 2pm (M-F), 8am – 5pm (S-S).
724 S 3rd Street, Renton, WA 98057
www.boonboonacoffee.com

**Advertise In
The Seattle
Medium**

Call (206) 323-3070 ext. 109
info@seattlemedium.com